



LUXURIOUS LIVING FOR SENIOR COUPLES

With new independent living quarters opening in Foxholes care home, estate manager Neil Gandecha shares some advice on how supported living can work for you

Nine new assisted living suites will be available for couples to lease from Foxholes care home in Hitchin this July. These will allow you to live comfortably and independently as a couple, with assistance from the staff.

"The ground floor suites offer a unique take on senior living. They have separate bedrooms, bathrooms, kitchen and dining areas," says Foxholes care home estate manager Neil Gandecha.

Each kitchen is fully equipped so you will have the option of cooking for yourself or benefitting from the home's catering service that provides residents with three meals a day to be enjoyed in their homes, in the restaurants or out on the terrace.

Independent assisted living for couples

At present, there are limited facilities that can allow you to remain living together. But with the new apartments, Foxholes can offer couples a suite of their own. Each is designed to give you peace of mind and choice when it comes to exploring senior living options for you and your loved one.

Recognising you may need some help to take care of your partner can be difficult. The new suites can remove

and ease this stress, allowing you to stay with your love in your own home.

The residence also offers couples a romantic setting in which to enjoy their new home; it is located in the heart of the countryside, with ground floor patios that open onto idyllic horse paddocks and grounds.

Paying for assisted living

You will be able to rent the apartments on a weekly basis, removing the pressure of committing to a long term lease. As little as one month's notice needs to be given if leaving.

This gives couples freedom and allows for changing care needs or new plans for the future. A short term commitment can also cut costs. "Instead of spending hundreds of thousands of pounds, residents could initially only plan to spend a few thousand," says Neil.

Residents may also be entitled to financial aid and may be eligible to receive personal independence payments to assist with costs.

Retain your independence with a care home

Residents moving to the home will benefit from joining an active and supportive community.

ABOVE: Foxholes' new apartments open up onto idyllic rural views

Given the home's rural location, it's unsurprising that gardening is a budding interest of the residents.

The launch of the garden club proved such a success that each resident has been offered the chance to plant their own gardens.

"Their grandchildren enjoyed it so much, they were getting involved too. The number of gardens has already grown to 15 and we have space for many more," says Neil.

New residents will also enjoy full access to all on-site facilities, including a therapeutic spa service that has been specially added to the unit for those moving into the new apartments.

Residents are free to take outings when they like, either using their own transport with on-site parking options or the home's driving service. "As our location is slightly off the beaten track, it's important for residents to know they can request a driver to take and collect them on trips," says Neil.

Foxholes care home is dedicated to providing the best level of care for residents and catering to their needs. The new suites are the latest addition to the home's way of doing this. **d**

For more information about Foxholes or to arrange a visit call 01462 410767.